



Santulan Om Meditation (SOM)

INCLUDES DATTABAVANI &
AUM CHANTING

Text in English

Aum Svarupaya Namah
Aum Shri Sadgurave Namah

Aumkara, Shri Guru-Prarthana

Aumkaram bindu-sa(n)yuktam
nityan dhyayanti yoginah ।
Kamadam mokshadam chaiva
Aumkaraya namo namah ॥ 1 ॥

Gurur-Brahma Gurur-Vishnuh
Gurur-devo Maheshvarah ।
Guruhi sakshat parabrahma
tasmai Shri-gurave namah ॥ 2 ॥

Mala-kamandaluradhah
kara-padma-yugme
madhyastha-pani-yugule
damaru-trishuale ।
Yasya sta urdhava-karayoh
shubha-shankha-chakre
vande tamatrivaradam
bhuja-shatka-yuktam ॥ 3 ॥

Jitendriya-ganagranirabhiratah
pare brahmani
kalau shrutipathavane~
tritanayo~vatirnah svayam ।

Karatta-sukamandaluh
kumata-khandane dandabhrut

pada-pranata-vatsalo
jayati Vasudevo yatih ॥

Ghora-kashtoddharana-stotram

Shripada Shri-vallabha
tvam sadaiva
Shri Dattasman
pahi devadhideva ।
Bhavagrahya kleshaharin sukirte
ghorat-kashtad-
uddharasman namaste ॥ 1 ॥

Tvan no mata
tvam pita~pto~dhipastvam
trata yogakshemakrut
Sadgurustvam ।
Tvam sarvasvan no
Prabho Vishvamurte
ghorat-kashtad-
uddharasman namaste ॥ 2 ॥

Papan tapam vyadhimadhin
cha dainyam
bhitim kleshan
tvam harashutvadanyam ।
Trataran no viksha ishastajurte
ghorat-kashtad-
uddharasman namaste ॥ 3 ॥

Nanyastrata napi data na bharta
tvatto Deva tvam sharanyo~kaharta ।
Kurvatreyanugraham purnarate
ghorat-kashtad-
uddharasman namaste ॥ 4 ॥

Dharme pritim sanmatin
deva-bhaktim
satsangaptin dehi bhuktim
cha muktim ।
Bhavasaktim chakhilanandamurte
ghorat-kashtad-
uddharasman namaste ॥ 5 ॥

Shloka-panchakametadyo
loka-mangala-varadhanam ।
Prapathenniyato bhaktya
sa Shri Dattapriyo bhavet ॥ 6 ॥
Iti Shrimat P. P. Shri Vasudevananda
Sarasvati-virachitam
Ghora-kashtoddharana-stotram
sampurnam.

Shri Navagrahastotram

Shri Ganeshaya namah
Japakusuma-sankasham
Kashyapeyam mahadyutim ।

Tamorim sarva-papaghnam
pranato~smi Divakaram ॥ 1 ॥

Dadhi-shankhatusharabham
kshirodarnava-sambhavam ।
Namami Shashinam Somam
Shambhor-mukuta-bhushanam ॥ 2 ॥

Dharani-garbha-sambhutam
vidyut-kanti-samaprabham ।
Kumaram shaktihasan tam
Mangalam pranamamyaham ॥ 3 ॥

Priyangu-kalika-shyamam
rupenapratimam Budham
।Saumyam saumya-gunopetam
tam Budham pranamamyaham ॥4॥

Devanan cha rushinan cha
Gurum kanchana-sannibham
।Buddhibhutan trilokesham
tan namami Bruhaspatim ॥ 5 ॥

Hima-kunda-mrunalabham
daityanam paraman gurum ।
Sarva-shastra-pravaktaram
Bhargavam pranamamyaham ॥ 6 ॥

Nilanjana-samabhasam
Raviputram Yamagrajam ।

Chaya-martanda-sambhutam
tan namami Shanaishcharam || 7 ||

Ardha-kayam mahaviryam
Chandraditya-vimardanam |
Simhika-garbha-sambhutam
tam Rahum pranamamyaham || 8 ||

Palasha-pushpa-sankasham
taraka-graha-mastakam |
Raudram raudratmakam ghoram
tam Ketum pranamamyaham || 9 ||

Iti Vyasa-mukhodgitam
yah pathet-susamahitah |
Diva va yadi va ratrau
vighna-shantir-bhavishyati || 10 ||

Nara-nari-nrupanam cha
bhaved duh-svapna-nashanam |
Aishvaryamatulan tesham
arogyam pushti-varadhanam || 11 ||

Graha-nakshatrajah pidah
taskaragni-samudbhavah |
Tah sarvah prashamam yanti
Vyaso brute na samshayah || 12 ||

Iti Shri Vyasa-virachitam Shri
Navagrahastotram sampurnam.

Shri Durga-sapta-shloka-stotram

Dnyaninamapi chetansi
Devi bhagavati hi sa |
Baladakrushya mohaya
Mahamaya prayachchhati || 1 ||

Durge smruta harasi
bhitimasheshajanatoh
svasthaih smruta matimativa
shubhan dadasi |
Daridrya-duhkha-bhaya-harini
ka tvadanya
sarvopakara-karanaya
sada~dra-chitta || 2 ||

Sharanagata-dinarta-
paritrana-parayane |
Sarvasyartihare Devi
Narayani namo~stu te || 3 ||

Sarva-mangala-mangalye
Shive sarvartha-sadhike |
Sharanye Tryambake Gauri
Narayani namo~stu te || 4 ||

Sarva-svarupe sarveshe
sarva-shakti-samanvite |
Bhayebhyah trahi me Devi
Durge Devi namo~stu te || 5 ||

Roganasheshanapahansi tushta
rushta tu kaman-sakalanabhishtan ।
Tvamashritanan na vipannaranam
tvamashrita hyashrayatam prayanti
॥ 6 ॥

Sarva-badha-prashamanam
Trailokasyakhilleshvari ।
Evameva tvaya karyam-
asmat-vairi-vinashanam ॥ 7 ॥
Iti Shri Durga-sapta-shloka-stotram
sampurnam.

Shri Dattabavani

Avadhuta chintana
Shri Gurudeva Datta

Jaya Yogishvara Datta Dayala !
tu(n)ja eka jagama(n) pratipala;

Atryanasuya kari nimitta,
pragatyō jaga-karana nishchita.

Brahma-Hari-Harano avatara,
sharanagatano taranahara;

Antaryami sat chit sukha,
bahara Sadguru dvibhuja sumukha.

Jholi Annapura kara ma(n)hya,
shanti kamandala kara sohaya; ॥5॥

Kya(n)ya chaturbhuja
shadbhuja sara,ananta-bahu
tu(n) nirdhara.

Avyo sharane bala ajana;
utha Digambara chalya prana !

Suni Arjuna kero sada,
rijhyo purve tu(n) sakshat;

Didhi ruddhi siddhi apara,
ante mukti maha-pada sara.

Kidho aje kema vilamba ?
tuja vina mujane na alamba!! ॥ 10 ॥

Vishnusharma dvija taryo ema,
jamyō shraddhama(n) dekhi prema.

Jambha daityathi trasya Deva,
kidhi mhera te(n) tya(n) tatakheva;

Vistari maya, Ditisuta,
Indra-kare hanavyo turta.

Evi lila ka(n)l ka(n)l Sharva,
kidhi varnave ko te sarva ?

Dodyo Ayu sutane kama,
kidho ene te(n) nishkama. || 15 ||

Bodhya Yadu ne Parashurama,
Sadhyadeva Prahlada akama.

Evi tari krupa agadha !
kema sune na maro sada ?

Doda, anta na dekha Ananta !
ma kara adhavacha shishuno anta !!

Joi dvijastri kero sneha,
thayo putra tu(n) nihsandeha.

Smartrugami kalitara Krupala !
aryo dhobi cheka gamara. || 20 ||

Petapidathi taryo vipra,
brahmana-shetha ugaryo kshipra.

Kare kema na mari vhara ?
jo aniigama ekaja vara !

Shushka kashtane anya(n) patra!
thayo kema udasina atra?

Jarjara vandhya kera(n) svapna,
karya(n) saphala te(n)
sutana(n) krutsna.

Kari duara brahmanano kodha,
kidha purana ena koda; || 25 ||

Vandhya bhe(n)sa dujhavi Deva,
haryu(n) daridrya te(n) tatakheva.

Jhalara khai rijhyo ema,
didho suvarna-ghata saprema. ||27||

Brahmana-strino mruta bharathara,
kidho sajivana te(n) nirdhara !

Pishacha-pida kidhi duara,
vipra-putra uthadyo Shura; ||29||

Hari vipra-mada antyaja hatha,
rakshyo bhakta Trivikrama Tata !! ||

Nimeshamatre Tantuka eka,
pahu(n)chadyo Shrishaille dekha !

Eki sathe atha svarupa,
dhari deva bahu-rupa arupa,

Santoshya nija bhakta sujata,
api parachao sakshat. ||33||

Yavanarajani tali pida,
jata-patani tane na chida. ||34||

Rama-Krushna-rupe te(n) ema,
kidhi lilao ka(n)l tema; || 35 ||

Tarya(n) paththara ganika vyadha !
pashu-pankhi pana tujane sadha !!

Adhamodharana taru(n) nama,
gata sare na sha(n) sha(n) kama?

Adhi vyadhi upadhi sarva,
tale smaranamatrathi Sharva !

Mutha-chota na lage jana,
pame nara smarane nirvana.

Dakana shakana bhe(n)sasura,
bhuta pishacho janda asura. || 40 ||

Nase muthi daine tuarta,
Datta-dhuna sambhalata(n) murta.

Kari dhupa gae je ema,
Datta-bavani a saprema;

Sudhare tena banne loka,
rahe na tene kya(n)ye shoka !

Dasi siddhi teni thaya,
duhkha-daridrya tena(n) jaya !!

Bavana Guruvare nita nema,
kare patha bavana saprema; ||45||

Yathavakashe nitya niyama,
tene kadi na dande Yama.

Aneka rupe eja abhanga,
bhajata(n) nade na maya Ranga !

Sahasra name nami eka,
Datta Digambara asanga cheka !!

Vandu(n) tujane varamvara,
veda shvasa tara nirdhara !

Thake varnavata(n) jya(n) Shesha,
kona ra(n)ka hu(n) bahukrutavesha?

Anubhava-truptino udgara,
suni hasa te khashe mara !

Tapasi tattvamasi e Deva !
bolo jaya jaya Shri Gurudeva !! ||52||

Avadhuta chintana
Shri Gurudeva Datta ।
Shvase shvase
Datta-nama smaratman ।

Aumkara – Panchatattava- bijamantra

Aum Lam, Aum Vam,
Aum Ram, Aum Yam,
Aum Ham-Ksham

Aparadhakshamapanastotram

Rasadnya~vasha tarakam
svadu labhyam
gruhitam kadachinna
te nama Datta || 1 ||

Kshamasvaparadham
Kshamasvaparadham
Kshamasvaparadham

Prabho klinnachitta || R ||

Viyonyantare daivadardhyad
Vibho prag
gruhitam kadachinna
te nama Datta || 2 ||

Maya matru-garbha-sthiti-
prapta-kashtad
gruhitam kadachinna
te nama Datta || 3 ||

Maya jatamatrena
sammohitena
gruhitam kadachinna
te nama Datta || 4 ||

Maya kridanasakta-
chittena balye
gruhitam kadachinna
te nama Datta || 5 ||

Maya yauvane~dnyanato
bhoga-toshad
gruhitam kadachinna
te nama Datta || 6 ||

Maya sthavire~nighna-
sarvendriyena
gruhitam kadachinna
te nama Datta || 7 ||

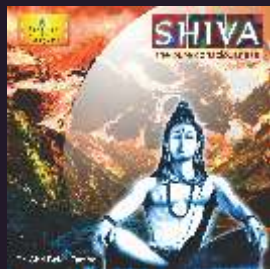
Hrushikesha me vakn-manah-
kaya-jatam
Hare dnyanato~dnyanato
Vishva-sakshin || 8 ||

Smruto dhyata avahito~
syarchito va
na giatah stuto vandito
va na japtah || 9 ||

Dayabdhir-bhavadruk na
saghashcha madruk
bhavatyaptamantor-
bhavan-me sharanyah
IYathalambanam bhurhi
bhunih-srutanghre-riti prarthitan
Datta-shishyena saram || 10 ||
Aum Shantih shantih shantih ||

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